

1975

1975

THE LIGHTED LAMP

Lyon Parkham



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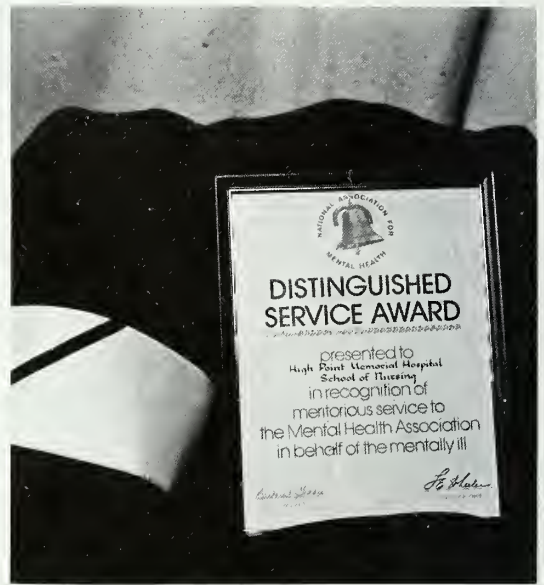


THE LIGHTED LAMP

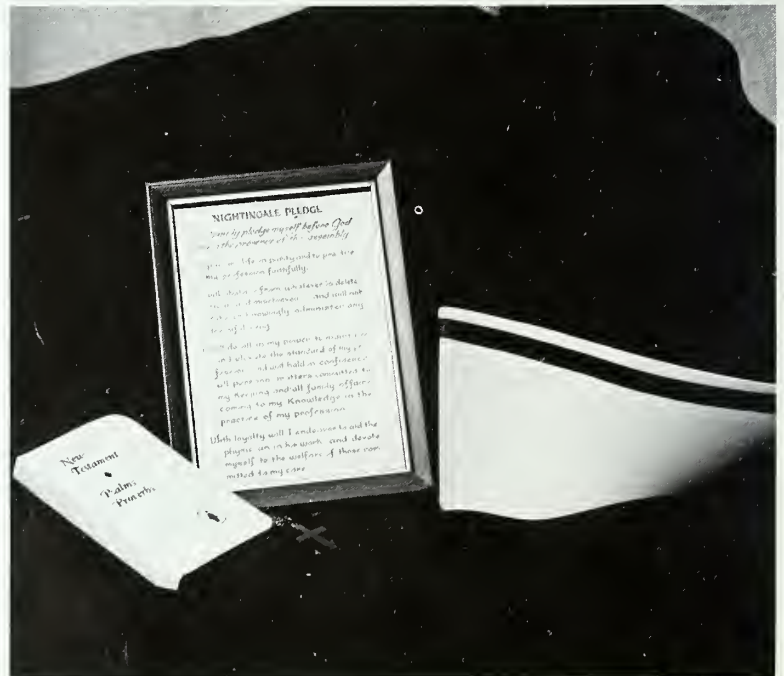


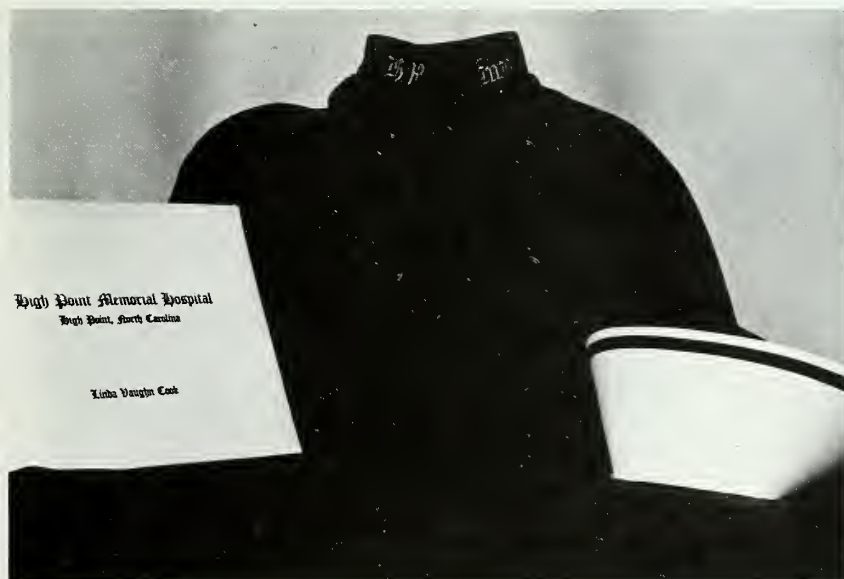
1975

REFLECTIONS DIRECTIONS



In choosing "REFLECTIONS AND DIRECTIONS" for our theme, we wish to look back at old memories and look forward to the future while working to make our dreams come true.

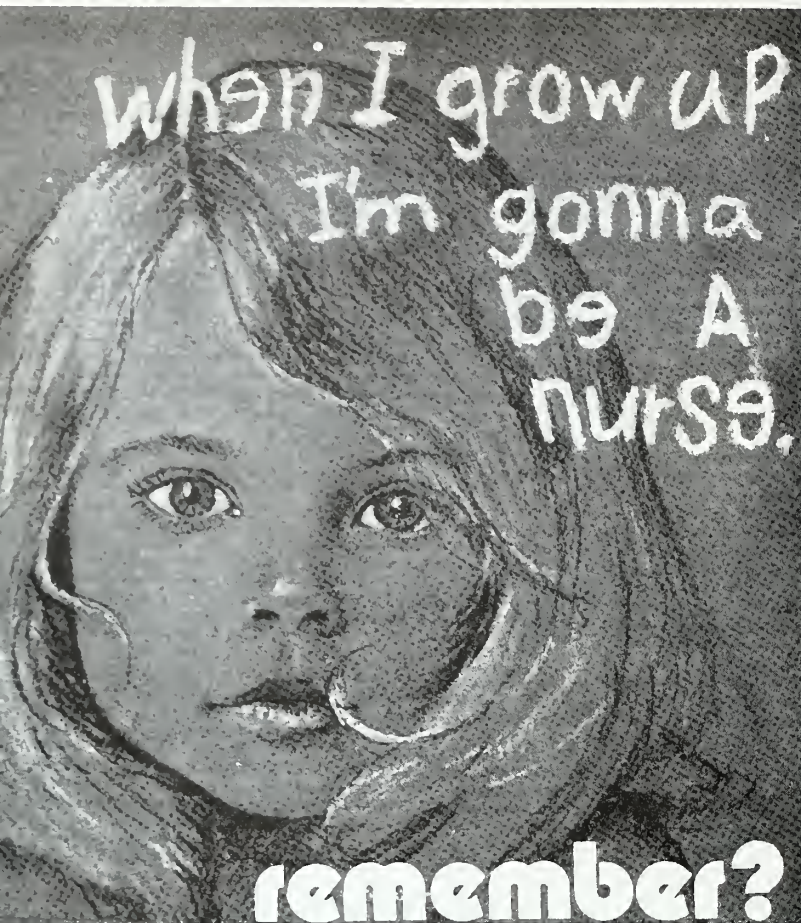




If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours . . . If you have built castles in the air, your work need not be lost; that is where they should be. Now put foundations under them.

Henry David Thoreau





We have all grown up and will soon become nurses, but we will not stop growing. There will be challenges that we must face and try to conquer. Although we cannot always win, we will learn and mature through our failures. We have gone through much together the past three years . . . study and fun, tears and laughter, failure and success, to name but a few. We will not be able to go back into the past, but we will look back at all the fond memories and cherish them . . .

SUCCESS INVOLVES MUCH STUDY
AND OVERCOMING FAILURES . . .



Our greatest glory consists not in never failing, but in rising every time we fall.

FUN AND LAUGHTER HELPED TO
MAKE THE UNBEARABLE A LITTLE
EASIER TO BEAR . . .



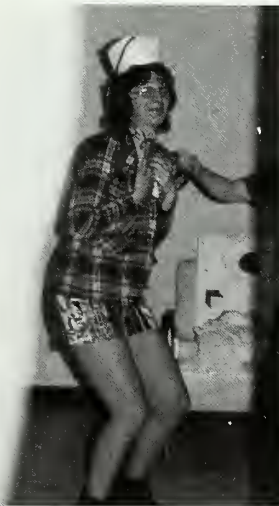
Grief can take care of
itself, but to get the
full value of a joy you
must have somebody to
divide it with.

Mark Twain



BUTNER WAS AN EXPERIENCE WE WILL NEVER FORGET . . .







I expect to pass through this world but
once. Any goodness therefore I can show
for any fellow creature, let me do it
now. Let me not defer or neglect it, for
I shall not pass this way again.

Ralph Waldon Emerson



Each of us would like to express our sincere appreciation to our parents for their love, support, and faith in us these past three years:

Mr. & Mrs. Marvin Andrews
Mr. & Mrs. James Barbour
Mr. & Mrs. Joe Berrier
Mr. & Mrs. Bobby Brown
Mr. & Mrs. Paul Combs
Mr. & Mrs. Ernest Edwards
Mr. & Mrs. Robert Gray, Jr.
Mr. & Mrs. Jim Hardy
Mr. & Mrs. Bud Hazelip
Edna Hestwood
Mr. Richard Hestwood
Mr. & Mrs. Vernon Ingram

Mr. & Mrs. Poe Jilcott
Mr. & Mrs. Paige Jones
Rev. & Mrs. Paul Landreth
Mr. & Mrs. John McKinney
Mr. & Mrs. Whitey Norman
Mrs. Jackie Nunn
Mr. & Mrs. Herman Smith
Mr. & Mrs. Gurney Snider
Mr. & Mrs. Russell Taylor
Mr. & Mrs. Bruce Tucker
Mr. & Mrs. Charles VanHoorne
Mrs. Steve Wahlfeldt



A TRIBUTE TO NURSES

Once in a while a baby is born, and from all appearances, it may look like any other normal baby — even to its own parents. As it grows up to be an adult, you begin to see it isn't an ordinary person at all. You discover God blessed it in the fact He gave it an extra amount of gentleness and tenderness in its touch, new compassion for its fellowman, self-control beyond belief, a better sense of humor than average. She grows up to be honest, reliable, dependable, and gracious with everyone she meets. You may just meet her with a smile on her face, but tears in her heart. But she wouldn't want you to know because she didn't grow up to be an ordinary person at all. God blessed her and she became a nurse.



DEDICATION



Without a leader, who do we have to follow? As we mold our lives and our careers we usually have certain people who influence us very much. One person comes to mind as we reflect back through our experiences at High Point Memorial Hospital.

Even though she is no longer a member of our faculty, she still continues to lead us. She was our class advisor through our freshman and junior years and has helped make this yearbook possible. Thank you for being the very special person we have come to know and love — We dedicate "our" yearbook to you . . .

Mrs. Brenda Bradner

"A good leader is concerned with others, not himself."

Henry L. Lawson





"The great thing in this world is not so much where we are, but in what direction we are moving."
Oliver Wendell Holmes

The direction we are moving has been greatly influenced by the loving kindness of this lady. She is more than an instructor; she is a friend. She knows our faults and problems, but more important, she recognizes and appreciates our advancements and achievements.

This lady is unique in that she sees everyone as someone important. She doesn't see in colors; she sees much deeper. The only thing bigger than her smile is her heart.

We also dedicate the 1975 edition of The Lighted Lamp to — Mrs. Bessie Myrick
(Mama Myrick)



APPRECIATION



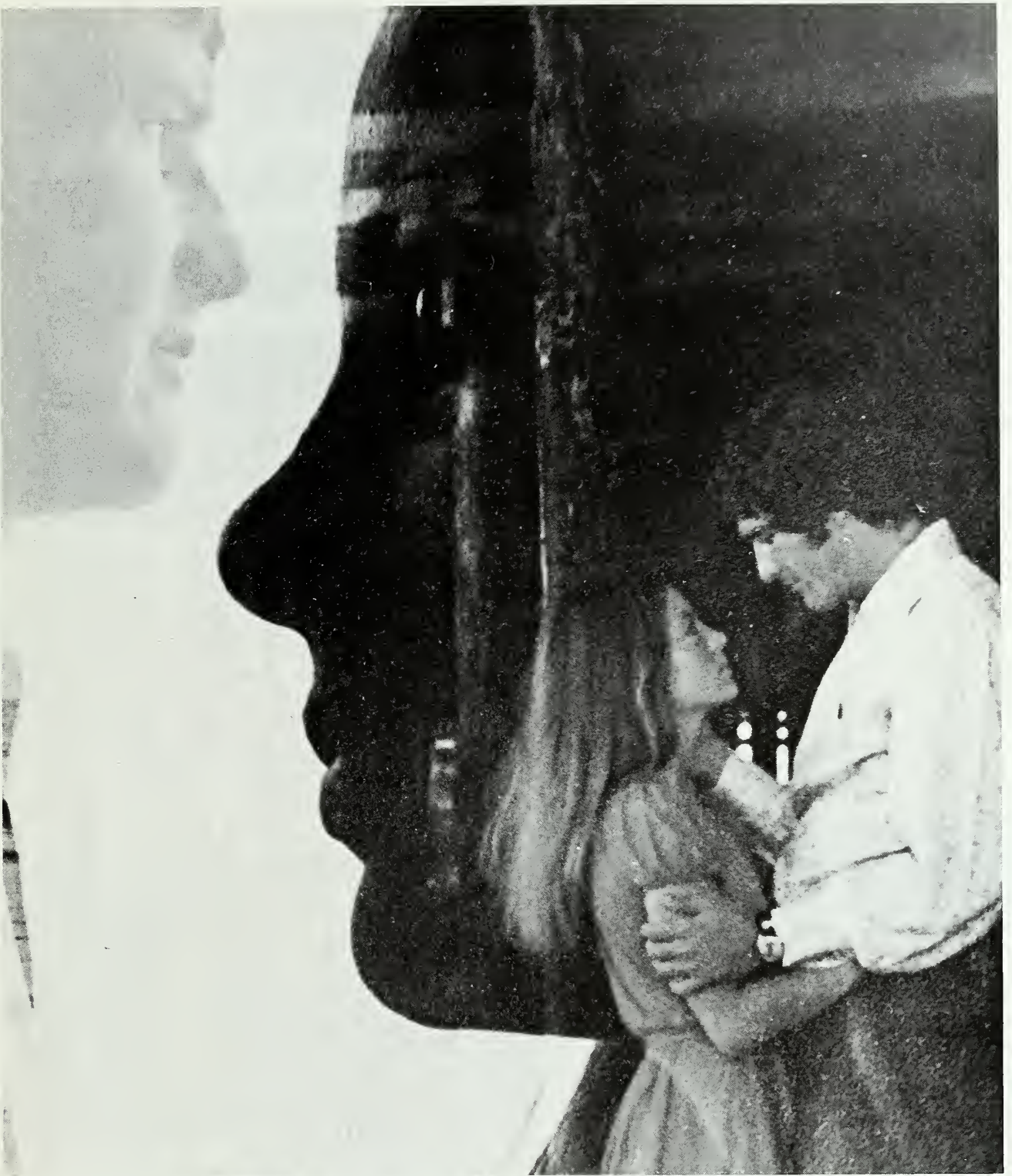
"A hundred men can make an encampment, but it takes a woman to make a home."

Chinese Proverb

There is a woman who has become very dear to us during our three years at High Point Memorial Hospital. She has helped us to celebrate many of our holidays, kept us quiet during closed study as freshmen, seen us get our junior and senior stripes, felt our own personal joys and sorrows by laughing with us through the good times and drying our tears when times were bad. Because of all this, we have become very close to her. She is a little woman with a big heart. From all your children, we love and appreciate you . . .

"Mama B"





Belong

STUDENT GOVERNMENT



Seated-L-R: 1st. Vice-Pres. — Kim Bodenheimer, Pres. — Sue Smith, 2nd Vice-Pres. — Kathy Glasscoe Standing-L-R: Parl. — Pam Heflin, Sec. — Kay Hazelip, Treas. — Bonnie Edwards

With truth, hope, and understanding, we establish our values, As we establish our values, we establish ourselves.

JUDICIARY BOARD

Seated-L-R: Fac. Adv. — Miss Weatherman, Kathy Glasscoe, Nina Shaw, Annette Snow Standing-L-R: Kathy Wagoner, Barbara Willard, Sue Smith, Connie Jones, Pat Hardy





SNA

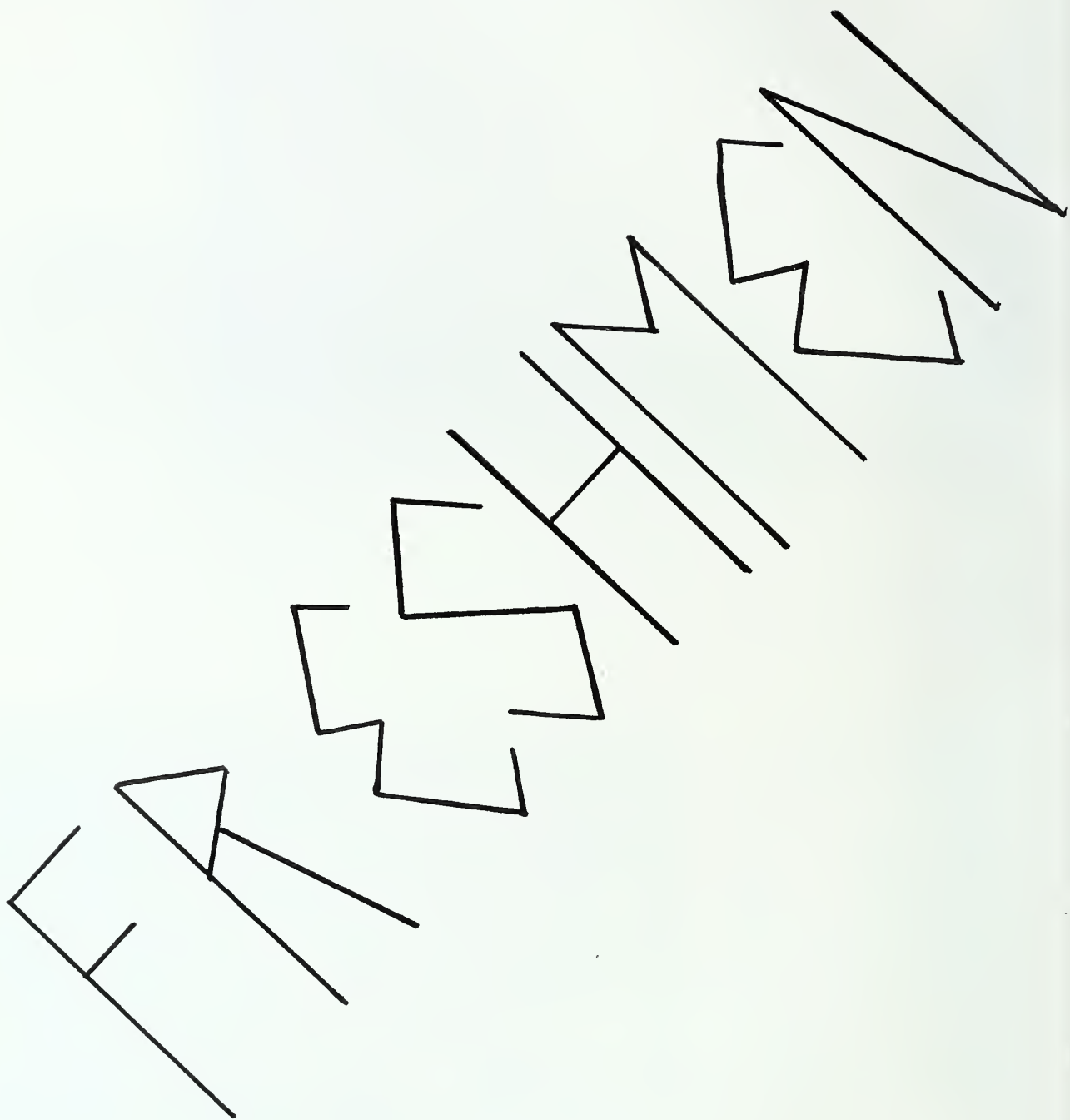
Dedicate yourself to true service; Thereby, becoming a guidelight for others to follow.

L-R: Annette Snow, Patricia Hardy, Susan McMahon, Kay Hazelip, Carolyn Walker, Myra Weavil

CHORUS

Sing, sing your own song!









VICE PRESIDENT
Janet Smith

PRESIDENT
Janice Naylor

SECRETARY
Beth Foster

TREASURER
Suzanne Williams

ADVISOR
Mrs. Kathleen Ingram





HEY — Where are my clothes!



Debbie Adams

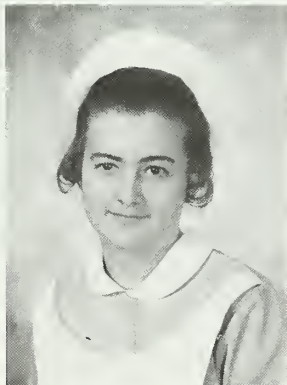


Elaine Benner

When things go wrong as they sometimes will
 When the road your trudging seems all uphill
 When the funds are low and the debts are high
 And you want to smile, but you have to sigh
 When care is pressing you down a bit —
 Rest if you must, But don't you quit.



Linda Buchanan



Cindy Crawford



Myra Darr



Debbie Dwiggin



Myra Faulkenbury



Beth Foster

Life is queer with its twists and turns
 As everyone of us sometimes learns
 And many a failure turns about
 When he might have won, had he stuck it out
 Don't give up though the pace seems slow
 You may succeed with another blow.



Is this true brainwashing?



Kay Gallimore



Shelia Humble





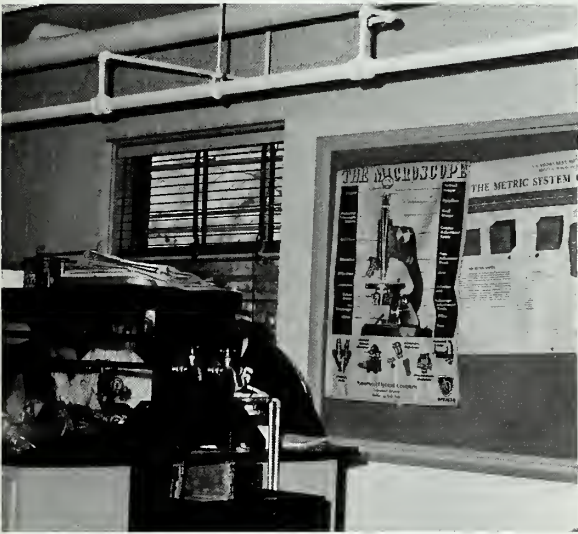
Pam Maness



Susan Meredith



Michele Micheal



Frankenstein's Lab???



Did you hear about . . . ?



The only way to study!!!



Cindy Morana



Terri Noee



Janice Naylor



Janet Patterson



My concentration is shot!



This is good BLACKMAIL material!!!



I can't keep him off my mind.



Kathy Peace



Laura Reynolds



Patty Rumley



Would you believe I have a problem???

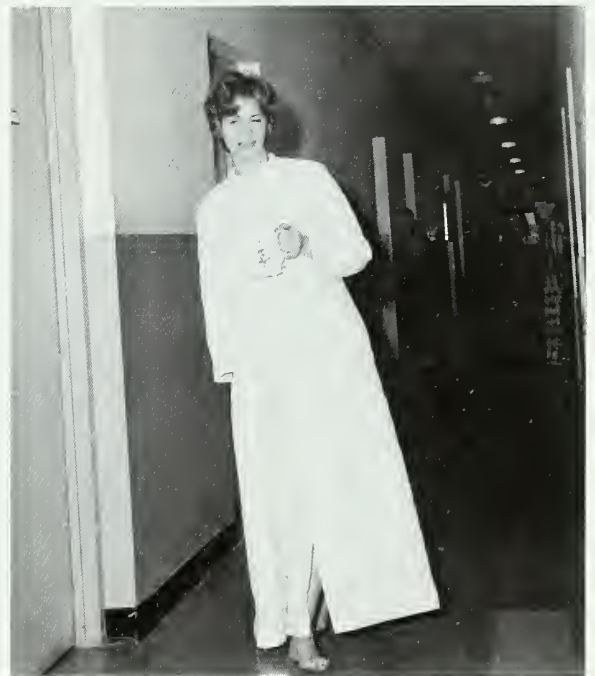
Often the goal is nearer than
It seems to a faint and faltering man
Often the struggler has given up
When he might have captured the victor's cup
And he learned too late when the night slipped down
How close he was to the golden crown.



Nancy Salter



Neena Shaw



Burning the Midnight — COFFEE!!



Janet Smith



Paula Snipes



Anette Snow



Denise Wall



Debbie Warford



Myra Weavil



Speak up! I can't hear you!

Success is failure turned inside out
The silver tint of the clouds of doubt
And you never can tell how close you are
It may be near when it seems afar



Suzanne Williams



Tanyia Williams





Cindy Woodford



Diane Wright



ROADBLOCK! ROADBLOCK!

So stick to the fight when your hardest hit It's when things seem worse that you **MUST NOT QUIT!**



Oh! It's been one of those days!



What am I reaching for?



True friendship — Sharing a cat!!!



Did you say ROOM CHECK?



I just HAVE to find it!

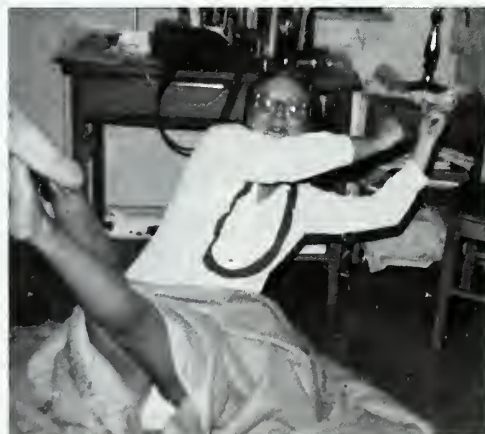


What am I doing?



The GROUP!

It can't be morning ALREADY!



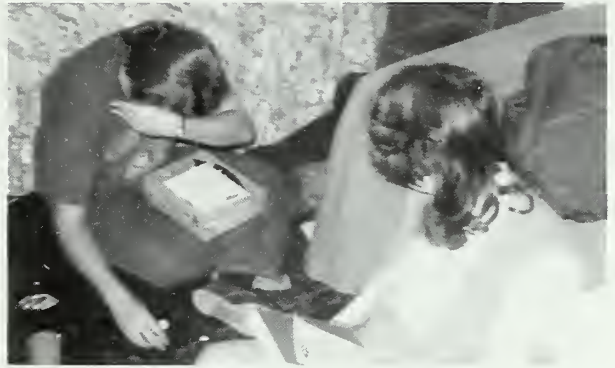
The only way to swing!

I will eat my words.





Side-lying position for . . . ?



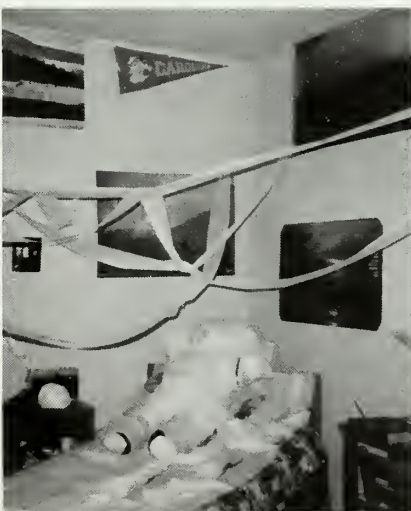
It can't be! It can't be!



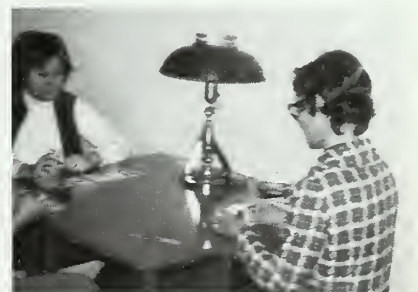
Foiled again!



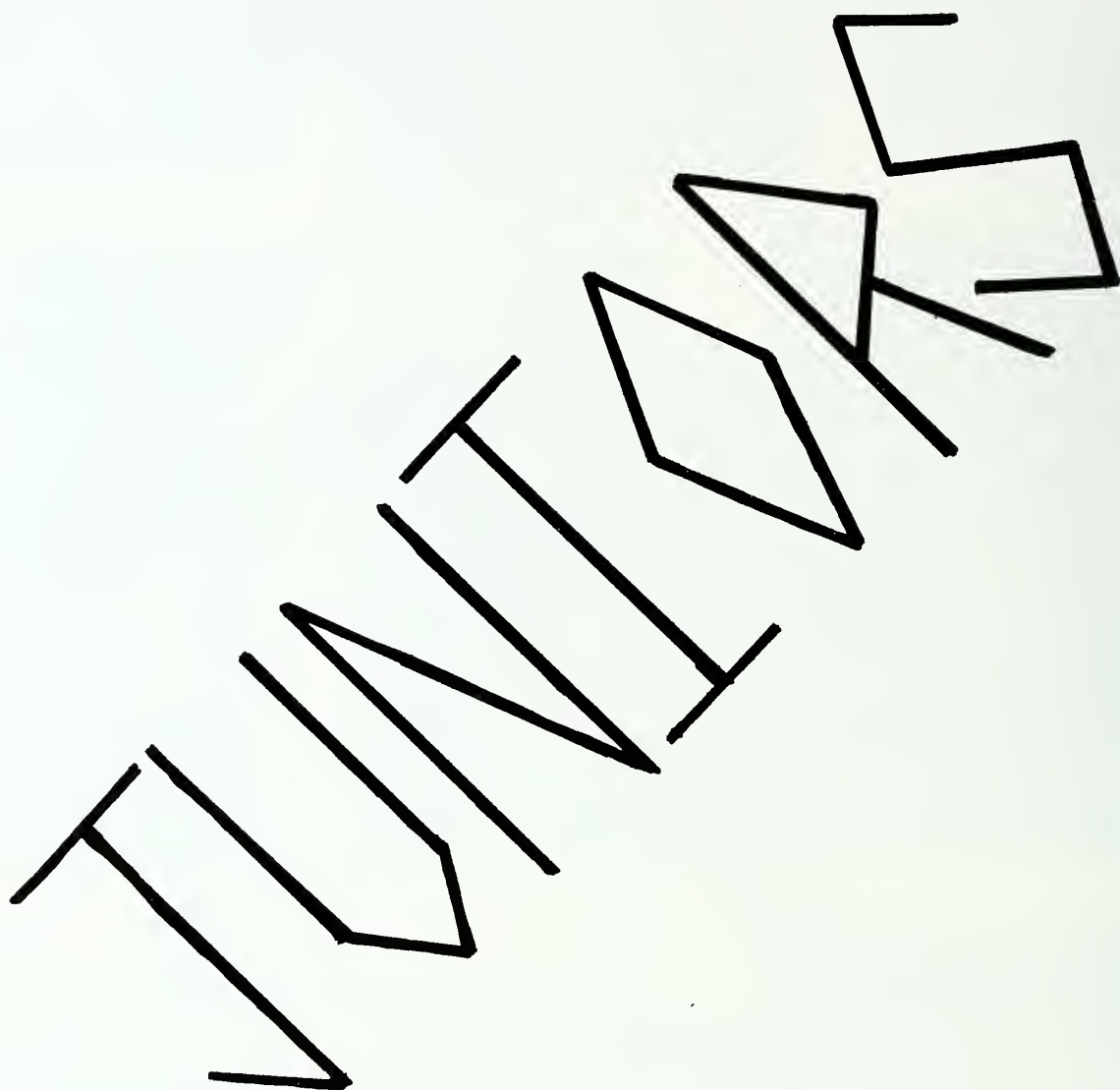
Hear no evil! See no evil! Hold it back!



Study Hours?!



Watch my fancy dealing!



**LOOKS LIKE IT'S
GOING TO BE ANOTHER
ONE OF THOSE YEARS!**



Tom Wilson

character and verse
© Universal Press Syndicate 1973

© AMERICAN GREETINGS CORPORATION 1973

down...
to go!

President — Ruby Riggleman
Vice President — Debbie Hauser
Secretary — Tona Wright
Treasurer — Donna Vickery
Project Chairman — Kathy Glasscoe





Nora Andersen



Deborah Atkinson



Ruta Barzdins



Now what was that I was supposed to get?



Would you believe . . . The END



SURPRISE, SURPRISE, SURPRISE



Mary Jane Bennett

It's 3:00 NOW



And room check is at 3:05!



Kim Bodenhamer



Kathy Glasscoe



Debbie Hauser



Gullible, Gullible, Gullible



Debbi Layne



Double your pleasure
Double your fun



Wanna diaper my baby?



Melody Madren



"You promised no more pintos, Margaret!"



"Oh no, that dumb computer goofed again."



Debbie Mair



Janet McKinney



Susan McMahon



Ruby Riggleman



Kathy Spaug



Donna Vickery



"You've got to go to HER office, Ruta!"



THINK . . . December 18, 1974



"Where are you when I need you, John?"



Kathy Wagner



Carolyn Walker



"I get the feeling that someone is watching me."



"At least my head is good for something!"



Robin Whitaker

And meanwhile, back at
the dorm . . .



Margaret Wikle



Gail Williams



I knew I should have been a model.



"IT'S BEEN A HARD DAY'S NIGHT"

A firedrill NOW!?!



Barbara Williard



Tona Wright

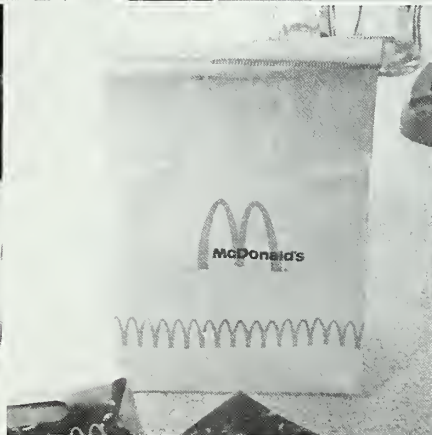
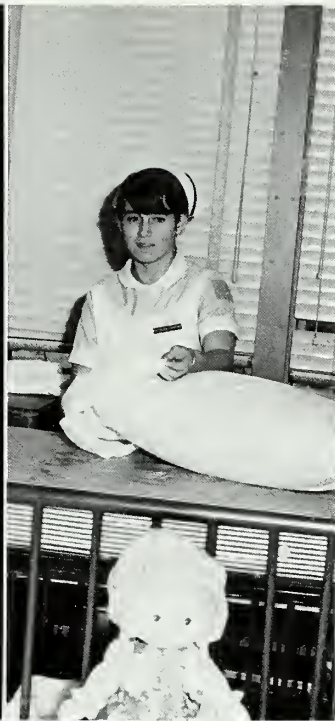
This is not the end,
It is just another
step along the way.

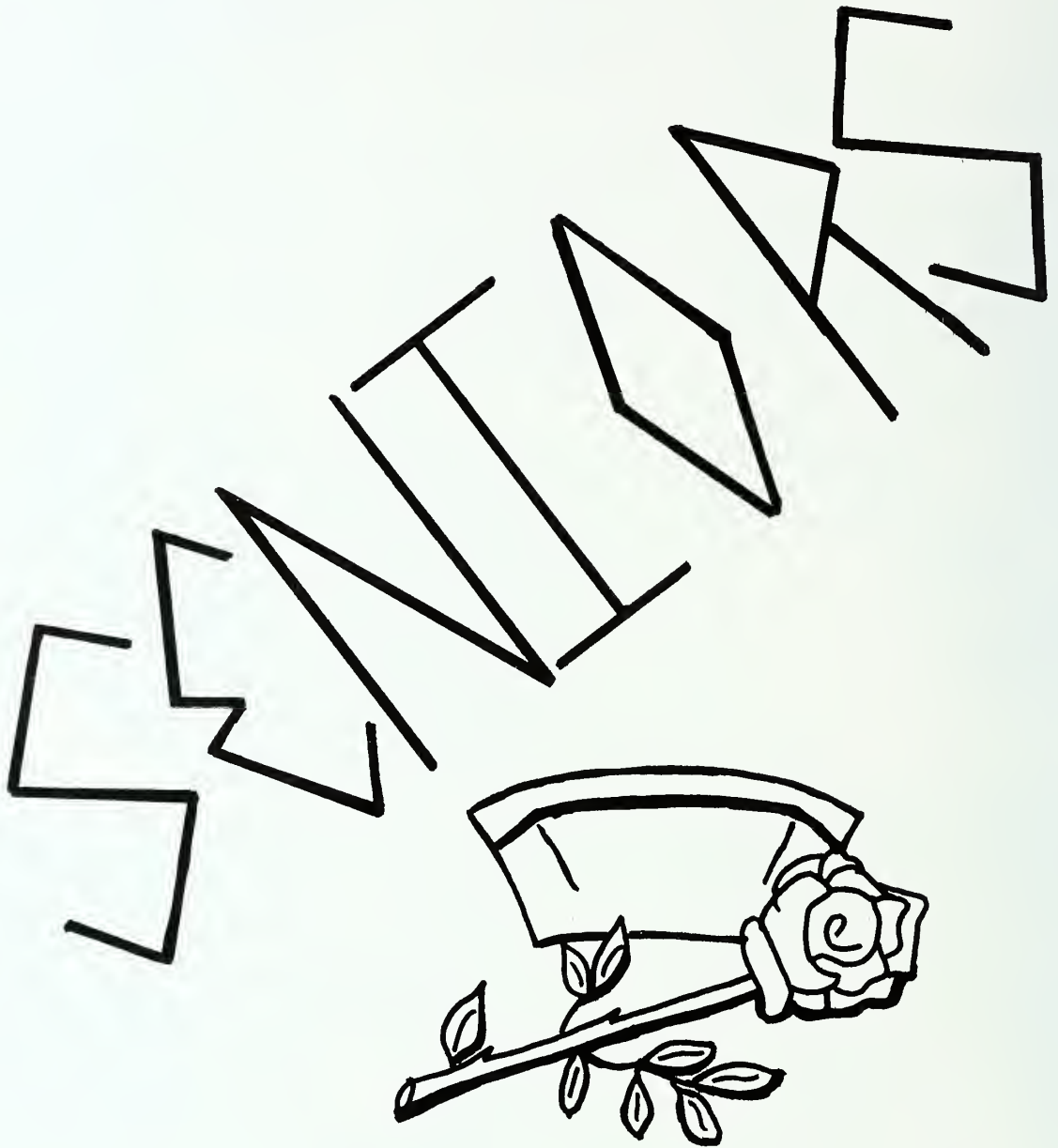




A good
nurse is
LOVE
made
visible.







You ask me to give you a motto. Here it is: **SERVICE**. Let this word accompany each of you throughout your life. Let it be before you as you seek your way and your duty in the world. May it be recalled to your minds if ever you are tempted to forget it or to set it aside. It will not always be a comfortable companion but it will always be a faithful one. And it will be able to lead you to happiness, no matter what the experiences of your lives are. Never have this word on your lips, but keep it in your hearts. And may it be a confidant that will teach you not only to do good but to do it simply and humbly.

My good wishes to you
Albert Schweitzer



President: Bonnie Edwards
 Vice President: Vickie Norman
 Secretary: Sandra Berrier
 Treasurer: Vicki Nunn
 Parliamentarian: Pam Heflin





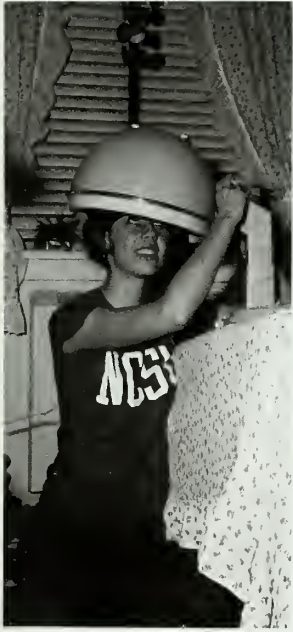
REMEMBER THESE:



Flush — Thank-you!
Somebody get the phone!
Is it wet or oily?
You are cordially invited, BUT
required to attend
Anyone in the shower?
To Hell with Mondays!
Who's making cookies?
Could ya'll quiet down!
I can't believe its only Tuesday!

Golly!
Did you study?
Hump day — Wednesday
Did I get a phone call?
Man on the hall!
Its Wednesday night!
I wanna go home!
I don't want to study for this test!
Did you sign in?
Its Friday!
Mr. Harris, your socks don't match!
Jolly well!
Lets go to Mac's
Did you have a good weekend?





Want some W-A-T-E-R?

Amen Brudder!

Road Block! Road Block!

Hey Thar!

Hell yea we're going to Donnie's!

Who short sheeted my bed?

You're contaminated!

Push Mama — Push!

11:00 — T.P.R.'s

How are Chris and Snapper?

Who wants to go to Mayberry's?

How was your day on the floor . . . that Bad?

3:30 p.m. — nap time

Who's dating who tonight?

You mean its already 6:00 a.m.?

Medium Cool

May 3, 1975

Only 50 more days!

Did you go for your interview?

Last 3 months of school — rain, rain, rain!

Hang in there, Baby!

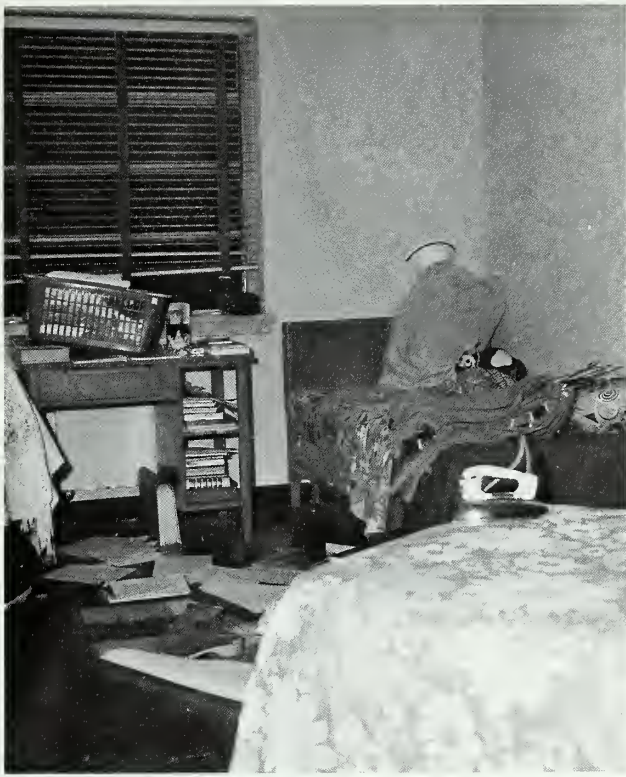
MAY 23, 1975







Before . . .



After room check!



Will the real Betsy Ross please stand up?



Miss Non-Challant!





Cynthia Ann Andrews
High Point, NC



Give what you have to someone it may be
better than you dare to think.

Ray Lyman Wilbur

Sandra Gale Berrier
Winston-Salem, NC



No one is useless in this world who lightens
the burden of it for anyone else.

Ray Lyman Wilbur





Paula Mae Combs
North Wilkesboro, NC



But when I am afraid, I will put my confidence in you. Yes, I will trust the promises of God. And since I am trusting him, what can mere man do to me.

Bonnie Denise Edwards
Winston-Salem, NC



In everything give thanks.
1. Thessalonians 5:18





When did you say she was due?





Patricia Ann Hardy
Vanceboro, NC



What is life without love . . . for God is love.
Love helps us to look up and laugh,
even in the darkest moments.
Anonymous

Joni Snider Hayes
High Point, NC



It is sweet to be appreciated
by a great number and to
be understood by a few.
Abel Bonnard



Edwina Kay Hazelip
Jamestown, NC



You must search for your Life, Knowing
That when God closes a door
Somewhere He opens a window.



Pamela Jean Heflin
Greensboro, NC



Kindness in words creates confidence,
Kindness in thinking
creates profoundness,
Kindness in giving creates love.



They'll never find me here!



Becky Lynn Hestwood
Greensboro, NC



Let's love one another;
Show peace for each other
We can make it happen;
We can change the world.



Beverly Ann Ingram
Belews Creek, NC



Be yourself but be your best self
Dare to be different and follow your own star
And don't be afraid to be happy
Enjoy living for it is beautiful.





Connie Gray Jones
High Point, NC



I have no yesterdays,
Time took them away,
Tomorrow may not be —
But I have today.

Pamela Joy Jones
Stokesdale, NC



Each of us must choose our own —
A stumbling block or a stepping stone.

Marie Wahlfeldt Koroll
Winston-Salem, NC



Kindness is a language which the deaf can
hear and the blind can read.
Dr. Bob Pierce



Vicki Barbour Lee
Smithfield, NC



The things which our friends do with and for
us, form a portion of our lives; for they
strengthen and advance our personality.



Brenda Loe McKinney
Gibsonville, NC



All I have seen teaches me to trust the
Creator for all I have not seen.

Ralph Waldo Emerson

Vickie Lynn Norman
Winston-Salem, NC



O Lord, help me to understand that You are
not going to let anything come my way that
You and I together can not handle.





Who's the biggest baby?





Vicki Anne Nunn
High Point, NC



Start where you are with what you have;
make something of it;
never be satisfied.

George W. Carver

Glenda Mae Smith
Pinnacle, NC



To accomplish great things,
we must not only act but also dream
not only plan but also believe.

Anatole France



Sue Jilcott Smith
Winston-Salem, NC



What sweetness is left in life, if you take
away friendship? Robbing life of friendship
is like robbing the world of the sun.
Cicero



Terri Brown Tatgenhorst
High Point, NC



The only way to win happiness
is to give it
The more we give
The more we have.



We do not
remember days



we remember
moments



Karen Landreth Tucker
Lansing, NC



Though we travel the world over
to find the beautiful,
we must carry it with us
or we will find it not.



Vee Denise Tucker
High Point, NC



Love bears all things, believes all things,
hopes all things, endures all things.
I Corinthians 13:7



Gloria Veda Van Hoorne
Kernersville, NC



You cannot do a kindness too soon,
because you never know how soon
it will be too late.



FACULTY AND STAFF



Miss Lucile Weatherman R.N., B.S. in
Nursing Education

NURSING FUNDAMENTALS



Mrs. Kathleen Ingram — H.P.M.H. School
of Nursing, 4 North, Sterile Technique,
Hair on collar?



Mrs. Harriet Saunders — University of
Virginia, B.S.N., 4 West, "Did you dust
your bedside table?"

MED-SURG



Mrs. Judy Loftin — City Memorial Hospital
School of Nursing, Urology and Endocrine,
“2nd voided specimen.”

Mrs. Linda Cook — H.P.M.H. School of
Nursing, CCU, “That’s GREAT!”



Mrs. Bobbie Hunt — UNC-G, B.S.N.
“Chronic progressive disease with no
cure, unknown etiology.” Class mascot.



Mrs. Susan McClure — Rowan School of
Nursing, ICU, Clinical Conference,
“What do you think?”

SPECIALTIES

Mrs. Jane Beeson — N.C. Baptist Hospital
School of Nursing, Pediatric Nursing,
4 reports, 11:00 A.M., T.P.R.



Mrs. Mary Clayton — Watts School of
Nursing, Maternal-Child Nursing, Child-
birth Classes, "I fell out!"

Mrs. Bessie Myrick — Columbia School of
Nursing, "Watermelon, Guess who's coming
to dinner?"



Mrs. Harris
Mr. Harris
Mr. Lohrman
Mrs. Boring
Mrs. Saint Pierre

Mrs. Emory
Mrs. Hawkins
Mrs. Medlin
Dr. Epperson

THOSE WHO HELPED



Mr. Ned Clark
Administrator



HOUSEMOTHERS



Pearl Conrad



Ella Wall



Hilda Bodford

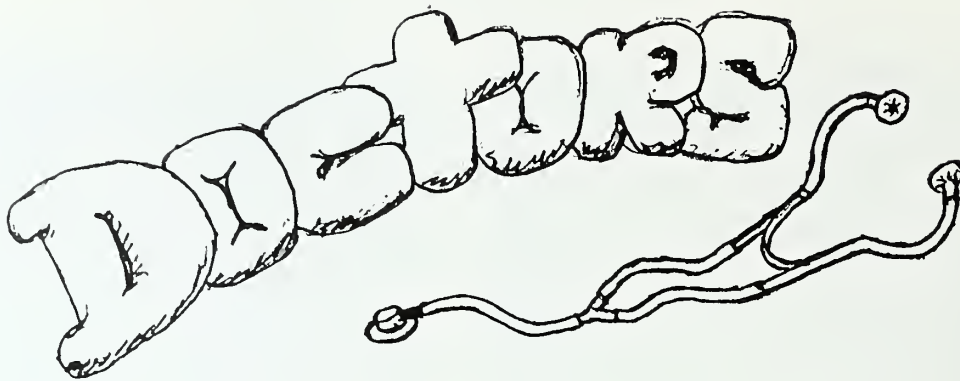


Lillian Gunter



Betty Morrison

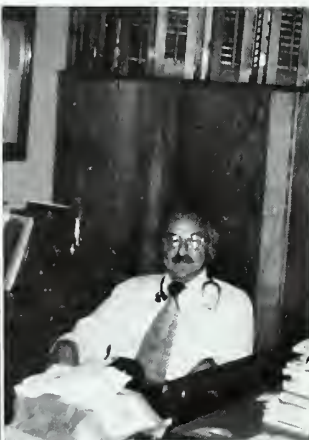
DOCTORS



INTERNAL MEDICINE



Dr. Walter Tice



Dr. Craig Parks



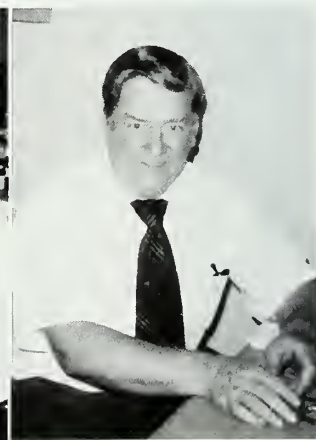
Dr. William Flythe Dr. Gordon Arnold
Dr. William Joyce



Dr. Woodrow Tyson Dr. R.L. Cox



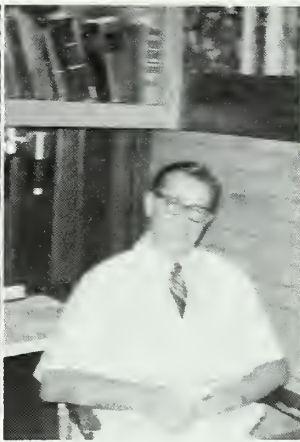
Dr. Edwin Auman



Dr. Ira B. Miller



Dr. Jack Hunt



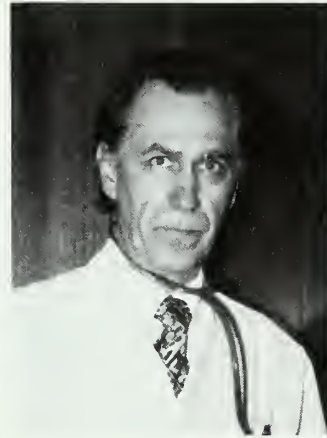
Dr. Kenneth Cheek



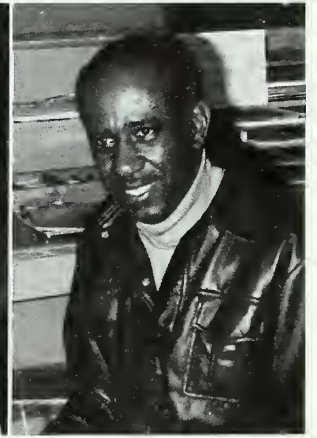
Dr. Eugene Terrell Dr. Chester Haworth
Dr. Eldora Terrell



Dr. Hugh Wallace Dr. Ronnie Stanley
Dr. L.S. Averett



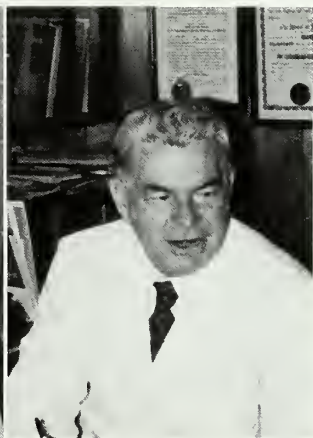
Dr. Hampton Chiles



Dr. Otis Tillman



Dr. J.T. Robinson



Dr. W.J. McNally



Dr. J.E. Slate



Dr. M.L. Slate

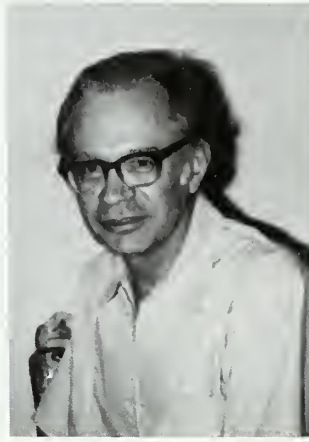
SURGERY



Dr. Austin Fortney



Dr. John Benson



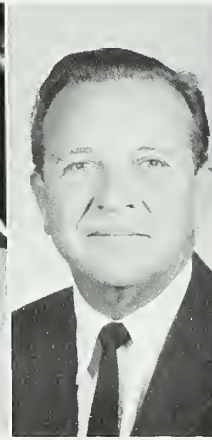
Dr. Angus Sargeant



Dr. John Brockman



Dr. Donald Douglas Dr. Raymond Carr
Dr. Thomas Canipe



Dr. Hal Ingram Dr. Tom Wood
Dr. Asa Parham

DENTAL SURGERY



Dr. William Hinson



Dr. Perry Little

NEUROLOGY



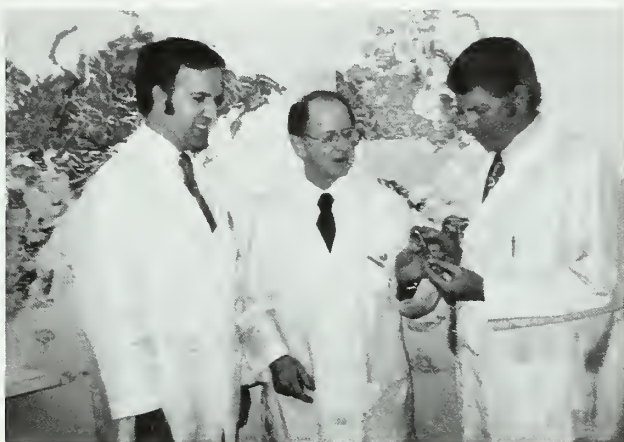
Dr. James Johnson Dr. Michael Hussey

UROLOGY



Dr. Richard Akers Dr. Charles Rowe
Dr. Ralph Brooks

DERMATOLOGY

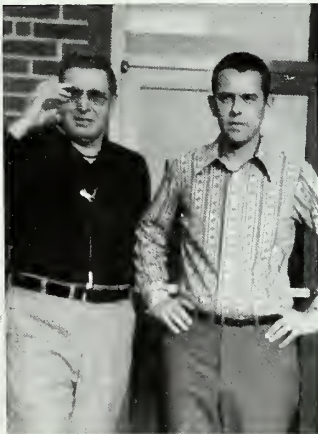


Dr. Wade Markham Dr. Arnold Gill
Dr. Rayal Jennings

PEDIATRICS



Dr. John Lynch
Dr. Kenneth Geddie



Dr. John Bridgers
Dr. William Michal



Dr. Vernon McFalls Dr. Marcus Aderholt

ORTHOPEDICS



Dr. Fred Wood



Dr. James Marlowe



Dr. Bryan Noah



Dr. Robert Johnson Dr. Earl Schafer

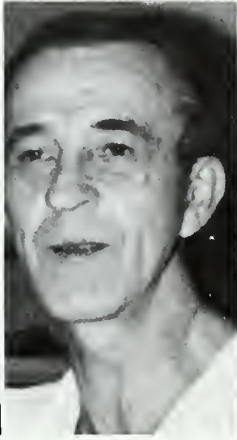
OBSTETRICS — GYNECOLOGY



Dr. T.D. Tyson



Dr. A.R. Cross



Dr. R.V. Cross



Dr. Kent Bennett



Dr. John Farrington



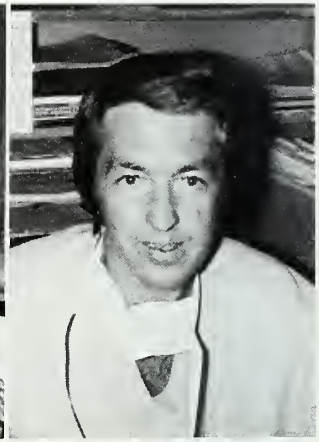
Dr. Clifford Lewis



Dr. Kay Williams



Dr. James Fulton

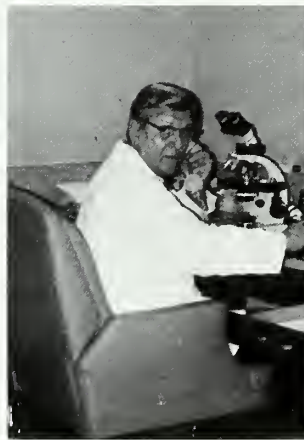


Dr. Robert Crawford

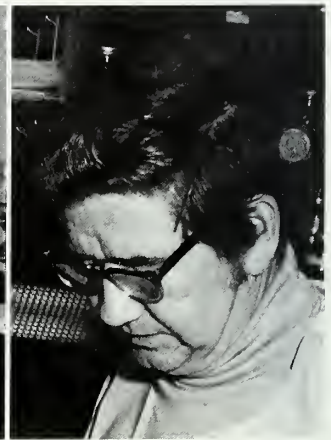
PATHOLOGY



Dr. Robert Arthur Dr. Keeling Warburton

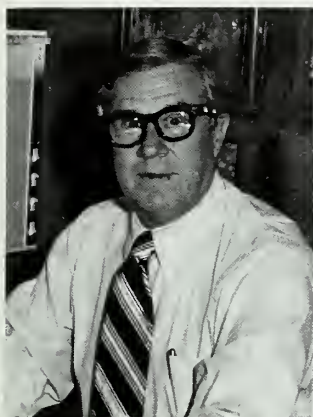


Dr. Clarence Valet

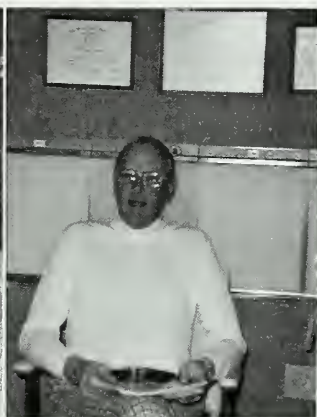


Dr. Lloyd Higgins

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Dr. A.B. Croom



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Dr. Dean Tester

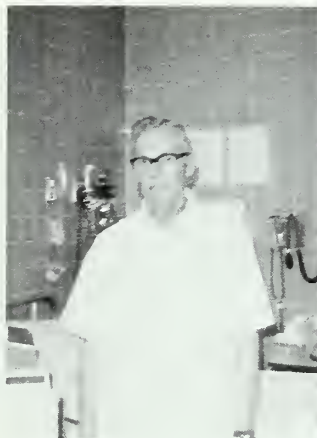
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Dr. L.L. Wilkerson



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Dr. Robert Wilder



Dr. Paul Geneic

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Dr. Glenn Perry



Thanks, Joe and Joyce Nelson, for helping to make our annual a success.

IN MEMORIAM



Miss Carolyn Frye

For those who served us,
Let us serve them;
Let us carry on their
Hopes and dreams.

Mrs. Esther Guy

I am going away . . .
If you really love me,
you will be very happy
for me, for now I can go
to the Father, who is
greater than I.

John 14: 28 (TLB)



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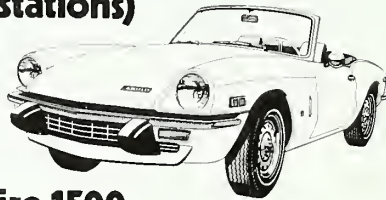
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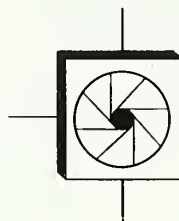
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Everybody needs a little somebody.



I thought you said this water wasn't cold!



Is this chair for sale?



Oh no, I sat in it!

Potpourri



I'm coming home tomorrow, Allen!



I let nothing touch my face



Skinny Dipping is not my thing.



Now Sandra, are you sure this dress looks alright?



Love is . . . Roomies!!!



This team-leading crap is for the birds.



I'd forgotten how much fun dorm life could be.



You've GOT to be kidding.



Ah . . . I finally get to rest and put my feet up!



ROAD BLOCK! ROAD BLOCK!!

ANNUAL STAFF

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SWEAT

EDITOR

Most anything worthwhile is hard to accomplish. One yearbook is worthwhile. It has taken many people working together to make it possible. We would like to thank each one who has had a part in making this book possible.

May this book aid you in looking back and remembering only good times we have all had at H.P.M.H.



Brenda McKinney

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Becky Hestwood
Glenda Smith

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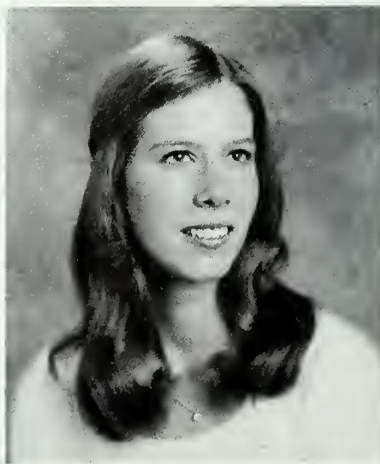
PICTURES



Paula Combs
Patricia Hardy

ART

Pam Jones





Mrs. Jane Beeson

A D V I S O R S



Mrs. Brenda Bradner

No success is possible without guidance and help —
Without your encouraging words and praise we could
not have made this annual possible,
We, the Annual Staff of 1975, say . . . THANK YOU!

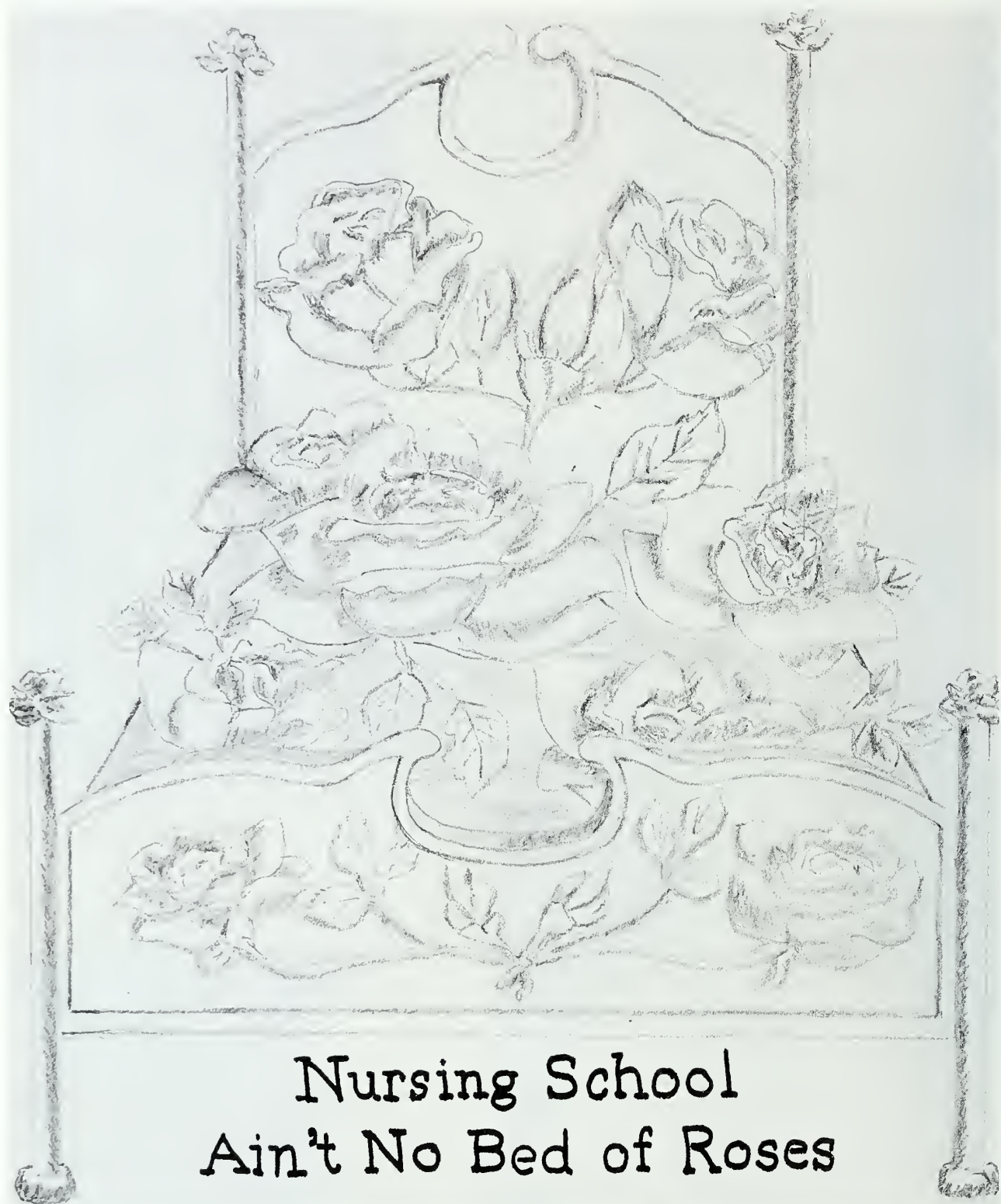


Mrs. Bessie Myrick

SPEAKER OF THE YEAR

For you have listened to us so
many times . . .
Let us listen to you.

For all this and more . . . THANK YOU!



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